

## **2016 TWENTY-SEVENTH ANNUAL PROFESSIONAL SEMINAR**

### **VIDEO PRESENTATIONS**

Many of the presentations given at this seminar were preserved as video files. To view these presentations, click on the links in the Details section below.

#### **2016 State of the Institute (15:22)**

TMI Executive Director and President Nancy (Scooter) McMoneagle delivers the "State of the Institute Address" at the 2016 Professional Seminar, "Healing, Consciousness, and Technology: Find Out for Yourself."

#### **Keynote Address: The Biochemistry and Physics of Health and Longevity (1:08:17)**

The average American life expectancy is 78 years, with that average being significantly shortened by lifestyle choices. It has now been shown that activation of 3 acupuncture circuits—Fire, Earth and Crystal—with essential oils, and Transcutaneous Acupuncture, assists in optimizing health and longevity.

#### **The Illusion of Separation (57:36)**

Everyday experience tells us that our minds are isolated inside our heads and that ultimately, we are separate creatures. But everyday experience is a poor arbiter of the true nature of reality. Joining us via Skype, Dr. Radin discusses why this is so and presents evidence indicating that a key part of us—perhaps the key—is not only holistically interconnected with everything else throughout space and time, but that this seemingly radical idea makes perfect sense after applying a twist to prevailing scientific models of reality.

#### **Healing Myself (1:15:50)**

Gari Carter tells how, in her book *Healing Myself*, she encountered Hemi-Sync® at a time when her health and her future were uncertain following a devastating car wreck. Ms. Carter and her eleven-year-old son were driving in a snowstorm when they were struck head-on by another car. Her son had learned CPR the week before in Cub Scouts and revived his unconscious mother as she was having a near-death experience.

That event set the stage for the next ten years and multiple surgeries as her face was painstakingly reconstructed with the assistance of the Surgical Support audio series.

This presentation answers the question, "Since then, how have you continued healing yourself?" Repercussions from the accident required a complete lifestyle metamorphosis, and constant vigilance to maintain her vitality and well-being. Gari discusses her ongoing use of Monroe techniques as well as alternative and complementary therapies and conventional treatments.

### **Research Update (1:33:11)**

Providing an update on TMI's research activities since the last Professional Seminar: Dr. James Lane provided descriptions of two recent steps in TMI's research program to determine the effects of Spatial Angle Modulation™ (SAM) audio exercises. The current focus of this research program is the development of SAM exercises for the induction of relaxation in the listener. Both studies used a Web-based survey platform to administer the audio exercises and to gather study data from individuals around the world. The rationale, methods, and results of these studies are presented with a discussion of the studies' implications. Dr. Lane also describes current work to establish a psychophysiology laboratory at the Rhine Research Center where physiological effects of SAM exercises can be measured to provide objective evidence of EEG entrainment and relaxation effects.

### **2016 Second Lives-Hemi-Sync® in Surgery and Pain Control (Norm Shealy, Gari Carter, Sergey Sorin, & Brian Dailey) (25:15)**